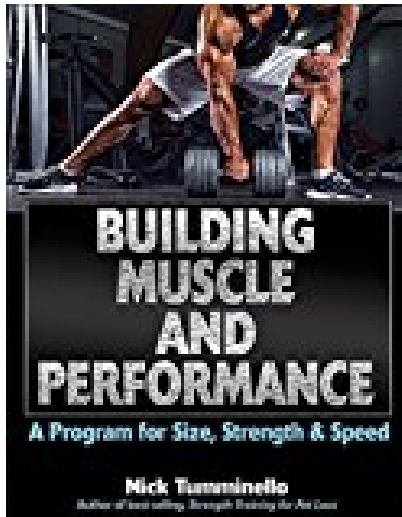


Building Muscle and Performance A Program for Size Strength & Speed



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